

# Taking DUKORAL<sup>®</sup> before your trip



When to take DUKORAL<sup>®</sup> to prevent diarrhea caused by LT-producing enterotoxigenic *E. coli*<sup>1</sup>

## Taking DUKORAL<sup>®</sup> for the first time<sup>1</sup> – Adults and children 2 years and older

T-minus  
2 weeks



If >6 weeks elapse between 1<sup>st</sup> and 2<sup>nd</sup> dose, primary immunization should be restarted.

### 1<sup>st</sup> Dose

Should be taken **no later than 2 weeks** before the departure for the trip

Date: \_\_\_\_\_

T-minus  
1 week



Protection starts about 1 week after the 2<sup>nd</sup> dose and lasts for about **3 months**.

### 2<sup>nd</sup> Dose

Should be taken at **least 1 week** after the 1<sup>st</sup> dose and at **least 1 week** before the departure for the trip

Date: \_\_\_\_\_

Departure  
for the trip



## DUKORAL<sup>®</sup> Booster<sup>1</sup>

If you've taken DUKORAL<sup>®</sup> in the last 3 months to 5 years, a single dose will renew your protection.

T-minus  
1 week



If you received the last dose >5 years ago, a complete primary immunization (2 doses) is recommended to renew protection.

### 1 Booster Dose

Date: \_\_\_\_\_

Departure  
for the trip



## How to prepare DUKORAL<sup>®</sup>: *Convenient oral vaccine*



### Step 1

**Prepare the buffer solution:**<sup>1</sup> Open the buffer sachet and dissolve the granules in 5 oz (150 mL) of cool water. **Do not use any other liquid.**

For children aged 2 to 6<sup>1</sup>, pour away half of the mixture before proceeding to step 2.



### Step 2

Shake the small glass vial that contains the vaccine to mix it well.<sup>1</sup>



### Step 3

**Mix the vaccine with the buffer solution:**<sup>1</sup> Open one vial and add the vaccine to the buffer solution (water and granule mixture) in the glass. Stir well and drink this mixture immediately. If the mixture is not drunk immediately, it should be consumed within 2 hours of mixing. **Keep it at room temperature.**

## Storage and Stability<sup>1</sup>

**STORE IN THE REFRIGERATOR** at 2° to 8°C (35° to 46°F). **DO NOT FREEZE.**

The vaccine can be stored at room temperature (up to 25°C) for up to two weeks on one occasion only. After mixing with the buffer solution the vaccine should be consumed within 2 hours.

**Do not use after expiration date.**

Do not eat or drink 1 hour before and 1 hour after taking DUKORAL<sup>®</sup>

Prevent ETEC diarrhea with  
**DUKORAL<sup>®</sup>**  
2 weeks before you leave for 3 months protection

## Primary immunization for adults and children 6 years or older<sup>1</sup>



T-minus  
2 weeks



If >6 weeks elapse between the 1<sup>st</sup> and 2<sup>nd</sup> dose, primary immunization should be restarted.

### 1<sup>st</sup> Dose

Should be taken **no later than 2 weeks** before the departure for the trip

Date: \_\_\_\_\_

T-minus  
1 week



Protection starts about 1 week after the 2<sup>nd</sup> dose and lasts for about **2 years**.

### 2<sup>nd</sup> Dose

Should be taken at **least 1 week** after the 1<sup>st</sup> dose and at **least 1 week** before the departure for the trip

Date: \_\_\_\_\_

Departure  
for the trip



## Primary immunization for children 2 to 6 years old<sup>1</sup>

T-minus  
3 weeks



If >6 weeks elapse between the 1<sup>st</sup> and 2<sup>nd</sup> dose, primary immunization should be restarted.

### 1<sup>st</sup> Dose

Should be taken **no later than 3 weeks** before the departure for the trip

Date: \_\_\_\_\_

T-minus  
2 weeks



If >6 weeks elapse between the 2<sup>nd</sup> and 3<sup>rd</sup> dose, primary immunization should be restarted.

### 2<sup>nd</sup> Dose

Should be taken at **least 1 week** later

Date: \_\_\_\_\_

T-minus  
1 week



Protection starts about 1 week after the 3<sup>rd</sup> dose and lasts for about **6 months**.

### 3<sup>rd</sup> Dose

Should be taken at **least 1 week** after the 2<sup>nd</sup> dose and at **least 1 week** before the departure for the trip

Date: \_\_\_\_\_

Departure  
for the trip



## DUKORAL® Booster<sup>1</sup>

Adults and children 6 years and older

If you have taken DUKORAL® in the last 2 to 5 years, a single dose will renew your protection.

If you received the last dose >5 years ago, a complete primary immunization (2 doses) is recommended to renew protection.

T-minus  
1 week



### 1 Booster Dose

Date: \_\_\_\_\_

Departure  
for the trip



### For children 2 to 6 years old<sup>1</sup>

If the last dose of DUKORAL® was taken between 6 months and 5 years before, a single dose will renew protection. If more than 5 years have passed since the last dose, the primary vaccination course (3 doses) is recommended to renew protection.

## If you have any additional questions about taking DUKORAL®, ask your healthcare professional

DUKORAL® is indicated for the prevention of and protection against cholera and diarrhea caused by enterotoxigenic *Escherichia coli* (ETEC)-producing heat-labile enterotoxin (LT) (either LT alone or both LT and heat-stable enterotoxin (ST) together).

DUKORAL® does not treat diarrhea caused by enterotoxigenic *E. coli* (ETEC) once it develops. Not everyone who gets vaccinated will be fully protected. DUKORAL® will only protect against cholera and LT-producing enterotoxigenic *E. coli* (ETEC). Therefore, precautions to avoid contaminated food or water should be taken. Allergic reactions and side effects such as abdominal pain, diarrhea, fever, nausea and vomiting may occur. Rehydration measures should be taken in case of diarrhea.

Consult the DUKORAL® Product Monograph at <https://health-products.canada.ca/dpd-bdpp/index-eng.jsp> for contraindications, warnings, precautions, adverse reactions, interactions, dosing, and conditions of clinical use. The Product Monograph is also available by calling 1-855-356-0831.

Reference: 1. DUKORAL® Product Monograph. December 22, 2015.

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